

MONDAY

WEEK 1

BREAKFAST:

MAIZE MEAL PORRIDGE



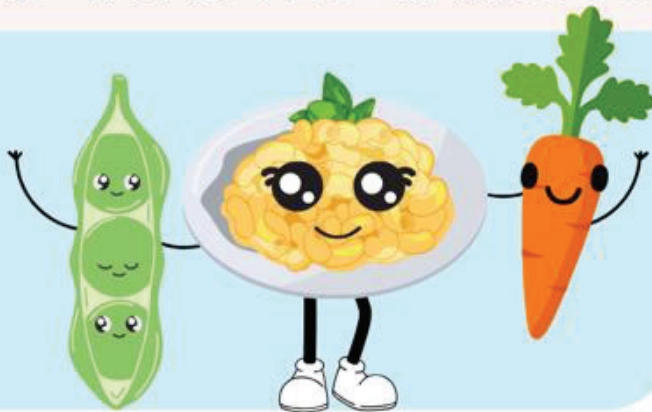
SNACK :

FRUIT SALAD AND
YOGHURT



LUNCH

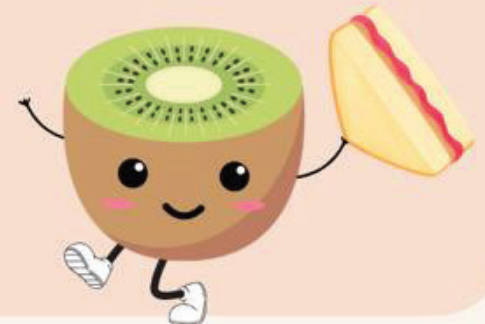
MACARONI & CHEESE
WITH COOKED PEAS
AND ROASTED CARROTS



AFTERNOON SNACK :

14:30 & 15:45

FRUIT AND A
SANDWICH



INFO:

- MENUS ARE APPROVED BY A DIETITIAN
- ALL PORRIDGE IS SERVED WITH MILK AND SUGAR
- MENU MAY VARY DUE TO SUPPLIER AVAILABILITY

TUESDAY

WEEK 1

BREAKFAST:

OATS PORRIDGE



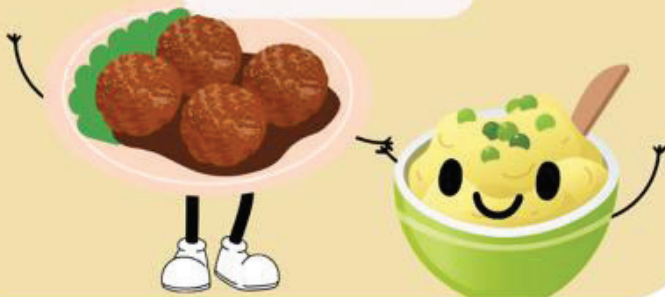
SNACK :

BANANA MUFFIN WITH
CHEESE AND JAM



LUNCH

MEATBALLS WITH
MASHED POTATO,
PUMPKIN AND GREEN
BEANS



AFTERNOON

SNACK :

14:30 & 15:45

FRUIT AND A BANANA
MUFFIN



INFO:

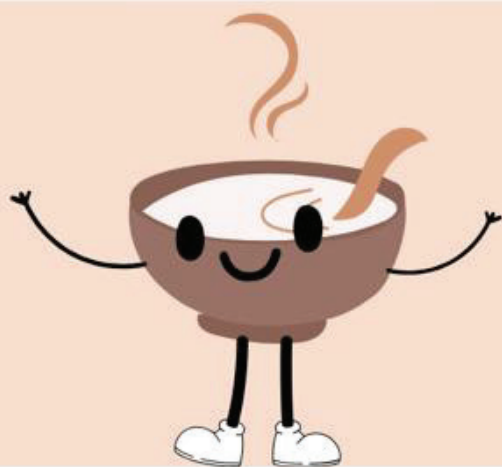
- MENUS ARE APPROVED BY A DIETITIAN
- ALL PORRIDGE IS SERVED WITH MILK AND SUGAR
- MENU MAY VARY DUE TO SUPPLIER AVAILABILITY

WEDNESDAY

WEEK 1

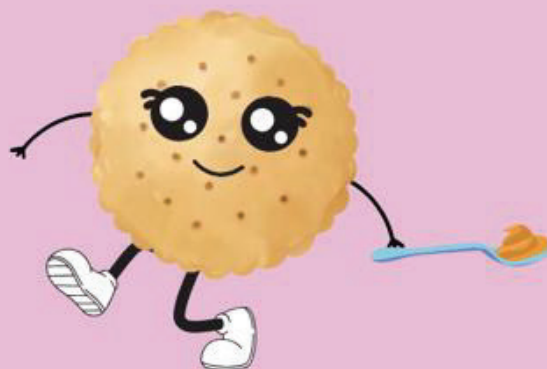
BREAKFAST:

MAIZE MEAL PORRIDGE



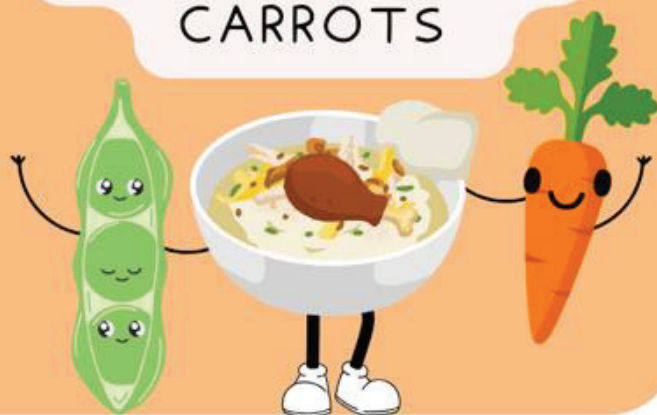
SNACK :

PEANUT BUTTER
BISCUITS



LUNCH

CHEESY CHICKEN & RICE
WITH PEAS AND
CARROTS



AFTERNOON SNACK :

14:30 & 15:45

FRUIT AND A
SANDWICH



INFO:

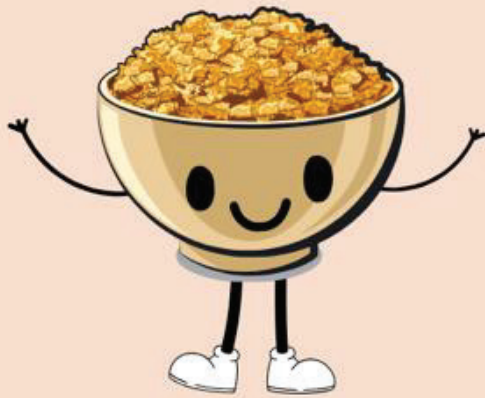
- MENUS ARE APPROVED BY A DIETITIAN
- ALL PORRIDGE IS SERVED WITH MILK AND SUGAR
- MENU MAY VARY DUE TO SUPPLIER AVAILABILITY
- IN CASE OF AN ALLERGY, AN ALTERNATIVE WILL BE PROVIDED

THURSDAY

WEEK 1

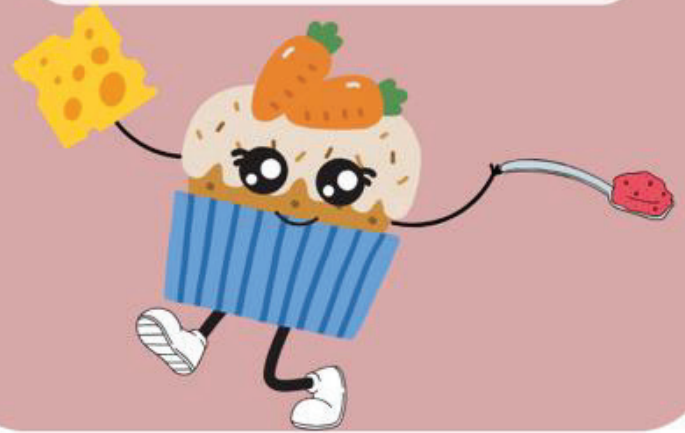
BREAKFAST:

WEETBIX



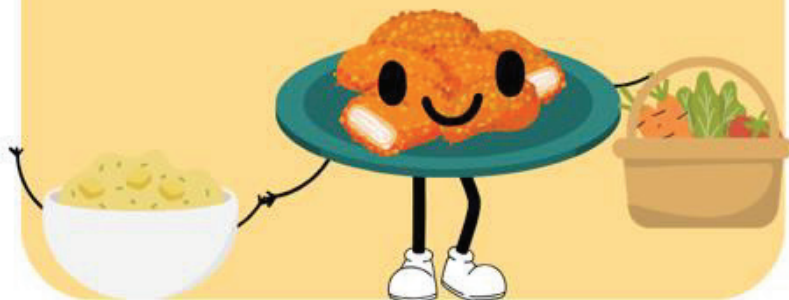
SNACK :

CARROT MUFFIN WITH
CHEESE AND JAM



LUNCH

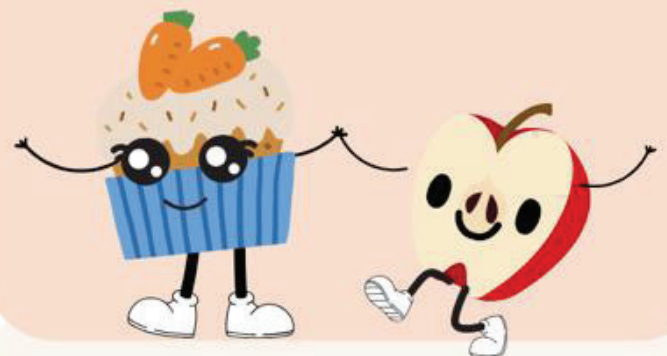
FISH FINGERS WITH
MASHED POTATOES AND
MIXED VEGGIES



AFTERNOON SNACK :

14:30 & 15:45

FRUIT AND A CARROT
MUFFIN



INFO:

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- MENU MAY VARY DUE TO SUPPLIER AVAILABILITY

FRIDAY

WEEK 1

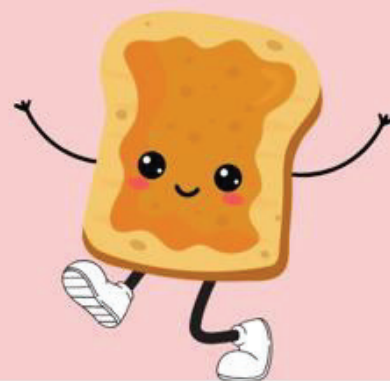
BREAKFAST:

MAIZE MEAL PORRIDGE



SNACK :

FRENCH TOAST



LUNCH

PIZZA WITH CHEESE
AND BROCCOLI



AFTERNOON

SNACK :

14:30 & 15:45

FRUIT AND A
SANDWICH



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- MENU MAY VARY DUE TO SUPPLIER AVAILABILITY